## NST 1B Experimental Psychology Statistics practical 2

## Difference tests (1): parametric

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- Answers to Examples 2 (from last time)
- Handout 3 (diff. tests 1)
- Examples 3 (diff. tests 1)
- Homophone practical data pobox.com/~rudolf/psychology


## Reminder: basic principles and Z



## Reminder: the logic of null hypothesis testing

Research hypothesis $\left(\boldsymbol{H}_{\mathbf{1}}\right)$ : e.g. measure weights of 50 joggers and 50 nonjoggers; research hypothesis might be 'there is a difference between the weights of joggers and non-joggers; the population mean of joggers is not the same as the population mean of non-joggers'.

Usually very hard to calculate the probability of a research hypothesis (sometimes because they're poorly specified - for example, how big a difference?).

Null hypothesis $\left(\boldsymbol{H}_{\mathbf{0}}\right)$ : e.g. 'there is no difference between the population means of joggers and non-joggers; any observed differences are due to chance.'

Calculate probability of finding the observed data (e.g. difference) if the null hypothesis is true. This is the $\boldsymbol{p}$ value.

If $\boldsymbol{p}$ very small, reject null hypothesis ('chance alone is not a good enough explanation'). Otherwise, retain null hypothesis (Occam's razor: chance is the simplest explanation). Criterion level of $\boldsymbol{p}$ is called $\boldsymbol{\alpha}$.

## Reminder: $\alpha$, and errors we can make

True state of the world

| Decision | $\mathbf{H}_{\mathbf{0}}$ true | $\mathbf{H}_{\mathbf{0}}$ false |
| :--- | :--- | :--- |
| Reject $\mathbf{H}_{\mathbf{0}}$ | Type I error | Correct decision |
| Drobability $=\alpha$ | probability $=1-\beta=$ power |  |
| Do reject $\mathbf{H}_{\mathbf{0}}$ | Correct decision <br> probability $=1-\alpha$ | Type II error <br> probability $=\beta$ |

## Reminder: the distribution of $Z$ (the standard normal distribution)




The letter $\boldsymbol{Z}$ is used for the standard normal distribution (thus ' $Z$ scores'). As before, $\sim 68 \%$ of the area falls within 1 SD of the mean, and so on.

$$
z=\frac{x-\mu}{\sigma}
$$

## Reminder: If we know $\mu$ and $\sigma$, we can test hypotheses about single observations with a $Z$ test

Example: we know IQs are distributed with a mean $(\mu)$ of 100 and a standard deviation $(\sigma)$ of 15 in the healthy population. If we select a single person from our population, what is the probability that he/she has an IQ of 60 or less?

$$
z=\frac{x-\mu}{\sigma}=\frac{60-100}{15}=-2.667
$$

Our tables will tell us that the probability of finding a $Z$ score less than +2.667 is 0.9962 . So the probability of finding a $Z$ score less than -2.667 is $1-0.9962=0.0038$ (since the $Z$ curve is symmetrical about zero).


## Reminder: one- and two-tailed tests

In our example, we asked for the probability of finding an individual with an IQ of 60 or less in the normal population. This is equivalent to a hypothesis test where the null hypothesis is 'the individual comes from the normal population with mean 100 and SD 15'. We calculate $p$, and would reject our hypothesis if $p<\alpha$ (where $\alpha$ is typically 0.05 by arbitrary convention).



This would be a one-tailed test. It would fail to detect deviations from the mean 'the other way' (IQ > mean). To detect both, we use a two-tailed test, and 'allocate' $\alpha / 2$ for testing each tail to keep the overall Type I error rate at $\alpha$.

## The $t$ test



## The 'sampling distribution of the mean'



Given a population with mean $\mu$ and variance $\sigma^{2}$, from which we take samples of size $n$, the distribution of sample means will have a mean $\mu_{\bar{x}}=\mu$, a variance $\sigma_{\bar{x}}^{2}=\frac{\sigma^{2}}{n}$, and a standard deviation $\sigma_{\bar{x}}=\frac{\sigma}{\sqrt{n}}$. As the sample size $n$ increases, the distribution of the sample means will approach the normal distribution.
This lets us test hypotheses about groups of observations (samples). For a given $n$, we can find out the probability of obtaining a particular sample mean.

## If we know the population $\mathrm{SD}, \sigma$, we can test hypotheses about samples with a $Z$ test

Example: we know IQs are distributed with a mean $(\mu)$ of 100 and a standard deviation $(\sigma)$ of 15 in the healthy population. Suppose we take a single sample of 5 people and find their IQs are $\{140,121,95,105,91\}$. What is the probability of obtaining data with this sample mean or greater from the healthy population?

$$
\text { Well, we can work out our sample mean: } \quad \bar{x}=110.4
$$

We know $n$ :

$$
n=5
$$

We know the mean of all sample means from this population:

$$
\mu_{\bar{x}}=\mu=100
$$

$\ldots$ and the standard deviation of all sample means: $\quad \sigma_{\bar{x}}=\frac{\sigma}{\sqrt{n}}=\frac{15}{\sqrt{5}}=6.708$
(often called the standard error of the mean)
So we can work out a $Z$ score:

$$
z=\frac{\bar{x}-\mu_{\bar{x}}}{\sigma_{\bar{x}}}=\frac{110.4-100}{6.708}=1.55
$$

Our tables will tell us that $P(Z<1.55)=0.9394$. So $P(Z>1.55)=$ $1-0.9394=0.061$. We'd report $p=0.061$ for our test.


## But normally, we don't. So we have to use a $\boldsymbol{t}$ test.

$$
\begin{aligned}
& z=\frac{\bar{x}-\mu_{\bar{x}}}{\sigma_{\bar{x}}}=\frac{\bar{x}-\mu}{\frac{\sqrt{\sigma}}{\sqrt{n}} \quad} \quad \begin{array}{l}
\text { If we don't know the population }
\end{array} \\
& \text { SD, } \sigma \text {, and very often we don't, we } \\
& \text { can't use this test. } \\
& t=\frac{\bar{x}-\mu_{\bar{x}}}{s_{\bar{x}}}=\frac{\bar{x}-\mu}{\frac{s}{\sqrt{n}}} \\
& \text { Instead, we can calculate a number } \\
& \text { using the sample SD (which we can } \\
& \text { easily calculate) as an estimator of } \\
& \text { the population SD (which we don't } \\
& \text { know). But this number, which we } \\
& \text { call } t \text {, does NOT have the same } \\
& \text { distribution as } Z \text {. }
\end{aligned}
$$

## The distribution of $t$ : "Student's" (Gossett's) $t$ distribution

As is so often the case, beer made a statistical problem go away.


Student (Gossett, W.S.) (1908). The probable error of a mean. Biometrika 6: 1-25.

The distribution of $t$ when the null hypothesis is true depends on the sample size ( $\Rightarrow$ d.f.)


When d.f. $=\infty$, the $t$ distribution (under $H_{0}$ ) is the same as the normal distribution.

## Degrees of freedom ( $d f$ ). (Few understand this well!)

Estimates of parameters can be based upon different amounts of information. The number of independent pieces of information that go into the estimate of a parameter is called the degrees of freedom (d.f. or $d f$ ).

Or, the number of observations free to vary. (Example: 3 numbers and a mean.)
Or, the $d f$ is the number of measurements exceeding the amount absolutely necessary to measure the 'object' (or parameter) in question. To measure the length of a rod requires 1 measurement. If 10 measurements are taken, then the set of 10 measurements has $9 d f$.

In general, the $d f$ of an estimate is the number of independent scores that go into the estimate minus the number of parameters estimated from those scores as intermediate steps. For example, if the variance $\sigma^{2}$ is estimated (by $s^{2}$ ) from a random sample of $n$ independent scores, then the number of degrees of freedom is equal to the number of independent scores ( $n$ ) minus the number of parameters estimated as intermediate steps (one, as $\mu$ is estimated by $\bar{x}$ ) and is therefore $n-1$.

$$
s_{X}^{2}=\frac{\sum(x-\bar{x})^{2}}{n-1}
$$

Two statistics are drinking in a bar. One turns to the other and asks'So how are you finding married life?' The other replies 'It's okay, but you lose a degree of freedom.' The first chuckles evilly. 'You need a larger sample.'

## Critical values of $t$ (for a given number of d.f.)



When d.f. $=\infty$, the $t$ distribution (under $H_{0}$ ) is the same as the normal distribution.

## The one-sample $t$ test

We've just seen the logic behind this. We calculate $t$ according to this formula:


The null hypothesis is that the sample comes from a population with mean $\mu$.
Look up the critical value of $t$ (for a given $\alpha$ ) using your tables of $t$ for the correct number of degrees of freedom $(n-1)$. If your $|t|$ is bigger, it's significant.

## The one-sample $t$ test: EXAMPLE (1)

It has been suggested that 15 -year-olds should sleep 8 hours per night. We measure sleep duration in 8 such teenagers and find that they sleep $\{8.3,5.4$, $7.2,8.1,7.6,6.2,9.1,7.3\}$ hours per night. Does their group mean differ from 8 hours per night?

$\bar{x}-\mu$ $\frac{x-\mu}{s_{X}}$ $\frac{s_{X}}{\sqrt{n}}$

## The one-sample $t$ test: EXAMPLE (2)

It has been suggested that 15 -year-olds should sleep 8 hours per night. We measure sleep duration in 8 such teenagers and find that they sleep $\{8.3,5.4$, $7.2,8.1,7.6,6.2,9.1,7.3\}$ hours per night. Does their group mean differ from 8 hours per night?


## Paired and unpaired tests (related and unrelated data)

Now we'll look at $t$ tests with two samples. In general, two samples can be related or unrelated.

- Related: e.g. measuring the same subject twice; measuring a large set of twins; ... any situation in which two measurements are more likely to resemble each other than by chance alone within the 'domain' of interest. - Unrelated: where no two measurements are related.

Example: measuring digit span on land and underwater. Could use either - related (within-subjects) design: measure ten people on land; measure same ten people underwater. 'Good' performers on land likely to be 'good' performers underwater; the two scores from the same subject are related.

- unrelated (between-subjects) design: measure ten people on land and another ten people underwater.
If there is 'relatedness' in your data, your analysis must take account of it. - This may give you more power (e.g. if the data is paired, a paired test has more power than an unpaired test; unpaired test may give Type II error). - beware pseudoreplication: e.g. measure one person ten times on land; measure another person ten times underwater; pretend that $n=20$. In fact, $n=2$, as repeated measurements of the same person do not add much more information - they're all likely to be similar. Get Type I errors.


## The two-sample, paired $t$ test

Very simple. Calculate the differences between each pair of observations. Then perform a one-sample $t$ test on the differences, comparing them to zero. (Null hypothesis: the mean difference is zero.)


## The two-sample, paired $t$ test: EXAMPLE (1)

Looking at high-frequency words only, does the rate of errors that you made while categorizing homophones differ from the error rate when categorizing non-homophone (control) words - i.e. is there a non-zero homophone effect? (Each subject categorizes both homophones and control words, so we will use a paired $t$ test.)

Relevant difference scores are labelled \% errors - homophone effect - highf on your summary sheet.

$$
t_{n-1}=\frac{\bar{x}-\mu}{\frac{s_{X}}{\sqrt{n}}}
$$

## The two-sample, paired $t$ test: EXAMPLE (2)

Looking at high-frequency words only, does the rate of errors that you made while categorizing homophones differ from the error rate when categorizing non-homophone (control) words - i.e. is there a non-zero homophone effect?

| differences | $X=\{8.3,0.0,8.3,-16.7, \ldots\}$ |
| ---: | :--- |
| mean of differences | $\bar{x}=3.1$ |
| sample SD $\left(s_{X}\right)$ of differences | $s_{X}=9.264$ |
| diff. under null hypothesis $(\mu)$ | $\mu=0$ |
| sample size $(n)$ | $n=97$ |
| $t$ | $t=\frac{\bar{x}-\mu}{\frac{s_{X}}{\sqrt{n}}}=\frac{3.1-0}{9.264}=3.296$ |
| $d f$ | $d f=n-1=96$ |
| critical value of $t$ | for 96 df , and $\alpha=0.05$ two tailed, critical $t \approx 1.96$ |

Since our $t$ is larger than the critical value, we reject the null hypothesis. 'Significant'; $p<0.05$. In fact, $p<0.01$, since critical $t$ for $\alpha=0.01$ and $96 d f$ is approx. 2.576. You made more errors for homophones ( $\boldsymbol{p}<\mathbf{0 . 0 1}$ two-tailed).

## The two-sample, unpaired $t$ test - (a) equal sample variances

How can we test the difference between two independent samples? In other words, do both samples come from underlying populations with the same mean? (= Null hypothesis.)

Basically, if the sample means are very far apart, as measured by something that depends (somehow) on the variability of the samples,
 then we will reject the null hypothesis.

As always,

$$
t=\frac{\text { something }}{\text { standard error of the something }(=\text { SD of an infinite set of samples of the something })}
$$

In this case,
difference between the means
$t=\overline{\text { standard error of the difference between the means (SED) }}$

## The two-sample, unpaired $t$ test - (a) equal sample variances

Don't worry about how we calculate the SED (it's in the handout, section 3.12, if you're bizarrely keen).

The precise format of the $t$ test depends on whether the two samples have the same variance.

## If the two samples have the same variance:



If the samples are not the same size $\left(n_{1} \neq n_{2}\right)$, we first calculate something called the 'pooled variance' $\left(s_{p}{ }^{2}\right)$ and use that to get $t$ :

$$
\begin{aligned}
s_{p}^{2} & =\frac{\left(n_{1}-1\right) s_{1}^{2}+\left(n_{2}-1\right) s_{2}^{2}}{n_{1}+n_{2}-2} \\
t_{n_{1}+n_{2}-2} & =\frac{\bar{x}_{1}-\bar{x}_{2}}{\sqrt{\frac{s_{p}^{2}}{n_{1}}+\frac{s_{p}^{2}}{n_{2}}}}
\end{aligned}
$$

If the samples are the same size ( $n_{1}=n_{2}$ ), the formula becomes a bit simpler:
$t_{n_{1}+n_{2}-2}=\frac{\bar{x}_{1}-\bar{x}_{2}}{\sqrt{\frac{s_{1}^{2}}{n_{1}}+\frac{s_{2}^{2}}{n_{2}}}}$

| We have $n_{1}+n_{2}$ |
| :--- |
| estimated 2 observations and |
| means, used to calculate the two |
| $\left.s^{2}\right)$, so we have $n_{1}+n_{2}-2 d f$. |

## The two-sample, unpaired $t$ test - EXAMPLE

Silly example... In low-frequency word categorization where those words are homophones (the hardest condition, judged by mean error rate), were there differences between males and females?
\% errors -
Females: $n=61$; mean $=12.7$; $\mathrm{SD}=13.4$
Males: $n=27$; mean $=15.7 ;$ SD $=15.2$
Use the equal-variance unpaired $t$ test (unequal $n$ formula).

$$
\begin{aligned}
s_{p}^{2} & =\frac{\left(n_{1}-1\right) s_{1}^{2}+\left(n_{2}-1\right) s_{2}^{2}}{n_{1}+n_{2}-2} \\
t_{n_{1}+n_{2}-2} & =\frac{\bar{x}_{1}-\bar{x}_{2}}{\sqrt{\frac{s_{p}^{2}}{n_{1}}+\frac{s_{p}^{2}}{n_{2}}}}
\end{aligned}
$$

## The two-sample, unpaired $t$ test - EXAMPLE (2)

Silly example... In low-frequency word categorization where those words are homophones (the hardest condition, judged by mean error rate), were there differences between males and females? Call females 'group 1' and males 'group 2'. Unequal $n$, so...

$$
\begin{gathered}
s_{p}^{2}=\frac{\left(n_{1}-1\right) s_{1}^{2}+\left(n_{2}-1\right) s_{2}^{2}}{n_{1}+n_{2}-2}=\frac{60 \times 13.4^{2}+26 \times 15.2^{2}}{86}=195.1 \\
t=\frac{\bar{x}_{1}-\bar{x}_{2}}{\sqrt{\frac{s_{p}^{2}}{n_{1}}+\frac{s_{p}^{2}}{n_{2}}}}=\frac{12.7-15.7}{\sqrt{\frac{195.1}{61}+\frac{195.1}{27}}}=\frac{-3.0}{\sqrt{10.424}}=-0.93 \\
d f=n_{1}+n_{2}-2=61+27-2=86
\end{gathered}
$$

for 86 df , and $\alpha=0.05$ two tailed, critical $t \approx 1.96$
Not a significant difference.
Caveat: some people were ignored because there wasn't enough of your name to judge your sex by it, or because I was incapable of predicting your sex from your name. So these data may not be wholly accurate!

## The two-sample, unpaired $t$ test - (b) unequal sample variances

If the two samples do not have the same variance, the number we calculate would not have the same distribution as $t$. What we can do is use our previous (simpler) formula but call the result $t^{\prime}$ :

$$
t^{\prime}=\frac{\bar{x}_{1}-\bar{x}_{2}}{\sqrt{\frac{s_{1}^{2}}{n_{1}}+\frac{s_{2}^{2}}{n_{2}}}}
$$

We then test our $t^{\prime}$ as if it were a $t$ score, but with a different number of degrees of freedom. A computer can give a test with maximum power (the Welch-Satterthwaite approximation), but by hand we do something simpler:

$$
d f=\left(n_{1}-1\right) \text { or }\left(n_{2}-1\right), \text { whichever is smaller. }
$$

## ‘Are the variances equal or not?' The F test

So how can we tell if the variances are 'the same' or 'different' for $t$ testing?
(a) We can look at them. It may be obvious.
(b) We can perform a statistical test to compare the two variances.

A popular test - not the best one, but a reasonable and easy one - is the $F$ test. $F$ is the ratio of two variances. Since our tables will give us critical values for $F>$ 1 (but not $F<1$ ), we make sure $F \geq 1$ by putting the bigger variance on top:

$$
\begin{aligned}
& F_{n_{1}-1, n_{2}-1}=\frac{s_{1}^{2}}{s_{2}^{2}} \text { if } s_{1}^{2}>s_{2}^{2} \\
& F_{n_{2}-1, n_{1}-1}=\frac{s_{2}^{2}}{s_{1}^{2}} \text { if } s_{2}^{2}>s_{1}^{2}
\end{aligned}
$$



Null hypothesis is that the variances are the same $(F=1)$. If our $F$ exceeds the critical $F$ for the relevant number of $d f$ (note that there are separate $d f$ for the numerator and the denominator), we reject the null hypothesis. Since we have ensured that $F \geq 1$, we run a one-tailed test on $F$ - so double the stated onetailed $\alpha$ to get the two-tailed $\alpha$ for the question 'are the variances different?'.

## Assumptions of the $t$ test

- The mean is meaningful.

If you compare the football shirt numbers worn by England strikers who've scored more than 20 goals for their country with those worn by less successful strikers, you might find that the successful strikers have a mean shirt number that's 1.2 lower than the less successful strikers. So what?

- The underlying scores (for one-sample and unpaired $t$ tests) or difference scores (for paired $t$ tests) are normally distributed.

Rule of thumb: if $n>30$, you're fine to assume this. If $n>15$ and the data don't look too weird, it's probably OK. Otherwise, bear this in mind.

- To use the equal-variance version of the unpaired two-sample $t$ test, the two samples must come from populations with equal variances (whether not $n_{1}=n_{2}$ ).
(There's a helpful clue to remember that one in the name of the test.) The $t$ test is fairly robust to violations of this assumption (gives a good estimate of the $p$ value) if $n_{1}=n_{2}$, but not if $n_{1} \neq n_{2}$.


## Parametric and non-parametric tests

The $t$ test is a parametric test: it makes assumptions about parameters of the underlying populations (such as the distribution - e.g. assuming that the data are normally distributed). If these assumptions are violated:
(a) we can transform the data to fit the assumptions better
(NOT covered at Part 1B level)
or (b) we can use a nonparametric ('distribution-free') test that doesn't make the same assumptions.
In general, if the assumptions of parametric tests are met, they are the most powerful. If not, we may need to use nonparametric tests. They may, for example, answer questions about medians rather than means. We'll cover some next time.


## Final thoughts and techniques



## Drawing and interpreting between- and within-subject effects




If groups have same $n$ and SEM, $t=\frac{\bar{x}_{1}-\bar{x}_{2}}{\sqrt{2} \times \text { SEM }}$
So if SEM bars overlap, means differ by <2 SEM, so $t<\frac{2}{\sqrt{2}}=1.4$ - never significant.
$t=$ difference/SED, so SED is always an appropriate index of comparison. If difference >2 SED, $t>2 \ldots$ usually significant for reasonably large $n$.

## Reminder: multiple comparisons are potentially evil

Number of tests with $\alpha=0.05$ per test

$$
\begin{array}{rl}
1 & 1-(1-0.05)=0.05 \\
2 & 1-(1-0.05)^{2}=0.0975 \\
3 & 1-(1-0.05)^{3}=0.1426 \\
4 & 1-(1-0.05)^{4}=0.1855 \\
5 & 1-(1-0.05)^{5}=0.2262 \\
& \\
100 & 1-(1-0.05)^{100}=0.9941 \\
& \\
n & 1-(1-0.05)^{n}
\end{array}
$$

(But remember, you can't make a Type I error - saying something is significant when it isn't - at all unless the null hypothesis is actually true. So these are all 'maximum' Type I error rates.)

## Confidence intervals using $t$

If we know the mean and SD of a sample, we could perform a $t$ test to see if it differed from a given number. We could repeat that for every possible number...

$$
\begin{aligned}
t_{n-1} & =\frac{\bar{x}-\mu}{\frac{s_{X}}{\sqrt{n}}} \\
\mu & =\bar{x} \pm\left(t_{\text {critical for } n-1 d f} \times \frac{s_{X}}{\sqrt{n}}\right)
\end{aligned}
$$

Example: we measure the heights of 10 UK men. Sample mean $=1.82 \mathrm{~m}, s=$ 0.08 m . For $n=10(d f=9), t_{\text {critical }}$ for $\alpha=$ 0.05 two-tailed is $\pm 2.262$. Therefore

$$
\begin{aligned}
\pm 2.262 & =\frac{1.82-\mu}{\frac{0.08}{\sqrt{10}}} \\
\mu & =1.82 \pm 0.06
\end{aligned}
$$

This means that there is a $\mathbf{9 5 \%}$ chance that the true mean height of UK men is between 1.76 and 1.88 m .


## Power: the probability of FINDING a GENUINE effect




Graphs show distributions of sample means if $H_{0}$ is true (left-hand curve in each case) and if $H_{1}$ is true (right-hand curve). Setting $\alpha$ determines a cut-off at which we reject $H_{0}$, and is one of the things that determines power.

## Significance is not the same as effect size



$$
p>0.05
$$

big variance or small $n$
(for the
effect size)

$$
p<0.05
$$


small variance or bign $n$ (for the effect size)


$$
p>0.05
$$

$$
p<0.05
$$

big variance
small variance or small $n$ or big $n$ (for the effect size)

Reporting both may be useful (for example, giving the effect size with its $95 \%$ confidence interval; if the confidence interval includes 0 , then the effect size is not significantly different from 0 ).

How big an effect needs to be to be important depends on the experiment.


